

fitness



It goes beyond the gym.

Fitness goes beyond the gym. How healthy is your marriage?
Many couples who have learned Natural Family Planning discover
it helps their marriage in many more ways than they anticipated.

Dates: Three Tuesdays, October 2, November 6, December 4, 2018

Time: 6:45—9:15 p.m.

Location: *Scruffy City CrossFit* 11211 Outlet Drive, Knoxville, TN 37932

Teaching Couple: Jared & Monica Kimutis
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try **natural** family planning...it works.

Register online for upcoming class series: http://register.ccli.org/class_series/11748

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